



Corfe Mullen Dementia Friendly Community

Growing a Compassionate Community

Dates for your Diary

- **Dementia Awareness Week** - w/c 16th May 2016
- **Carer's week**- 6th June 2016
- **Preemies UK Knit & Natter** – 1st Thurs in each month, 10am to 12noon – Corfe Coffee
- **RBL Eat & Meet** – Once a month at the Broadstone RBL Club.
- **Down Memory Lane** – 3rd Tuesday of every month from 2pm-4pm. St Nicholas Church.
- **A Drop-In at the village Hall** – 4th Friday from 10am-12noon.
- **Reminiscence Group** – 1st Friday of every month from 2pm-4pm. Corfe Mullen Library.
- **Carers Support Group** – 2nd Friday of each month. 10am-11am. Corfe Mullen Library.

Committee members

- Peter Jones (Chair)
- Andy Binnington (Treasurer & Church Representative)
- Wendy Percey (Lesley Shand Funeral Services)
- Emma Regan (FC Douch)
- Shelley Dockrell (POPP)
- Julia Mooney (POPP)
- Christine Foster (Hadleigh Practice)
- Sarah Burns (Parish & District Council)
- Anne Holland (COMCA)
- Angelique Attack (Forest Hill House)

Other Useful Information

- **POPP** (Partnership for Older People Programme) - www.dorsetforyou.com/popp
- **COMCA** (Corfe Mullen Community Aid) – www.corfemullenonline.org/node/37
- **Safe Haven** – Forest Hill House – 01202 631741
- **Good Neighbours** – 01202 834034
- **Lesley Shand Funeral Service** – www.lesleyshand.co.uk

Welcome from Peter Jones – Chair of CMDFC

I am pleased to introduce our 1st Corfe Mullen dementia Friendly community newsletter. Created to put you in touch with events, services and groups seeking to serve local needs. We have 3 key aims:



1. To raise awareness and understanding of Dementia in the Corfe Mullen Community.
2. To create a safe community without stigma where older people with dementia can live well.
3. To create an environment where the carer and or older person with dementia can seek appropriate help and support.

With your help and support all this is possible. Services currently available:

- **Down memory Lane:** A memory Café hosted at St Nicholas Church, Wareham Road.
- **A Drop-In at the village hall:** Available to all older people wanting info, support and signposting or just want to pop in for a chat.
- **A reminiscence group:** This group is open to all older people or anybody with memory loss. It is very informal with refreshments provided at the group.
- **Carers support group:** An opportunity to meet other carers and share experiences and provide mutual support.

We have some tender shoots of hope appearing in our community of Corfe Mullen. It is this hope that is at the very core and central to our journey to become a dementia friendly community. Hope that you can live well with dementia and memory loss.

So together lets help reduce isolation and loneliness in our community

Peter Jones RMN MA FRSA Chair CMDFC

“Working in partnership with **POPP & the Parish/District Council**”

“Newsletter sponsored & printed by **Lesley Shand Funeral Service**”

www.corfemullendfc.uk

Michael Tomlinson MP

"I am delighted to see that Corfe Mullen is working so hard to support dementia in the community."



Peter Jones has received an award in recognition of being a dementia champion, and reaching over 100 dementia friends.

I was delighted to present his certificate in Corfe Mullen library recently. He also runs a support group for carers, which I have attended. It is clear that these meetings are invaluable for sharing, offering support, and simply giving people in a similar position a chance to meet and discuss these issues.

Peter has also been training up local businesses, so that they are aware of best practice and how to support those suffering from dementia. My whole office and I are due to receive training in the near future, and please do let me know if you would like your business to be fully trained as well!

Dementia affects so many families, mine included, and I pledge to do what I can to support dementia friendly communities and raise awareness where I can."

Michael Tomlinson MP

Shelly Dockrell – Wayfinder POPP



"If you are struggling to cope on your own or you would like to get out and about more often please contact me.

If you are worried about debt, want to make a Will, meet new people or want to find out where you can take part in Salsa dancing lessons, whatever your question, I can help you access these services.

Older people in Corfe Mullen can use a free and confidential local information service to help them find out about the support and facilities in their area. Topics such as keeping homes warm, safe and secure, help with the garden, support for carers, meeting new people, keeping active, finding out about the benefits they are entitled to and transport options to help with getting to and from appointments. Wayfinders are part of the 'Dorset Partnership for Older People's Programme (POPP). You can contact Shelley Dockrell on 07971 338259.

Lesley Shand Funeral Service



Lesley Shand are part of the Douch Family Funeral Directors. We have 8 branches across Dorset all serving our local communities.

Helping local community projects is very important to us which is why we are proud to be an active committee member of the 'CMDFC'. All staff at our 8 branches have completed their training and are Dementia Friends.

We currently support PreemiesUK, a voluntary group, who knit for babies who are born prematurely. We run a knit & natter group at Corfe Coffee on the 1st Thursday of each month from 10am to 12noon.

We sponsor a lunch time club called 'Eat & Meet' hosted at the British Legions across Dorset, including Broadstone.

We are also proud to be a main sponsor this year for the Corfe Mullen Carnival 5k run.

For further info regarding our community work find us on FB or Twitter or visit our website www.lesleyshand.co.uk.

Good Neighbours – Andy Binnington

East Dorset Good Neighbours was set up 18 months ago to meet the needs of the local community. Covering Corfe Mullen, Wimborne, Ferndown & West Parley. Whether it's help changing a lightbulb or putting out a bin just call our 24hr **helpline on 01202 834034**. All jobs are carried out by volunteers who want to offer their help to people in their community.

Safe Haven – Forest Hill House

Initiated to help the local community, police & public with people with dementia who are lost in the community. Offering a reassuring temporary place of safety until their loved ones are contacted.

Number to call is 01202 631741.

For further information visit the CMDFC website or you can pick up a flyer from Lesley Shand, Chapel in the Valley, Library, doctors surgery & other local community places.

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