



# Corfe Mullen Dementia Friendly Community

Tel: 07856 579750 / [www.corfemullendfc.uk](http://www.corfemullendfc.uk)

## Growing a Compassionate Community

Charity Reg number: 1176047

### Dates for your Diary

- **Knit & Natter** – 1<sup>st</sup> Thurs in each month, 10am to 12noon – St Nicholas Church
- **RBL Eat & Meet** – Once a month at the Broadstone RBL Club
- **A Drop-In at the village Hall** – 4<sup>th</sup> Fri from 10am-12noon
- **Reminiscence Group** – 1<sup>st</sup> Fri of every month from 2pm-4pm. Corfe Mullen Library
- **Carers Support Group** – 2<sup>nd</sup> Friday of each month. 10am-11am. Corfe Mullen Library
- **Dementia Walks** – Every Tuesday at 10.15am – BH Live Leisure Centre
- **Carpet Bowls** – 4<sup>th</sup> Friday at 2pm-4.30pm Village Hall

### Committee members

- Peter Jones (Chair)
- Anthony Weber (Coles Miller Solicitors) – Treasurer.
- Wendy Percey (Lesley Shand Funeral Service)
- Emma Regan (Douch Family Funeral Directors)
- Russell Saunders (POPP)
- Jane Burgess (St Nicholas Church)
- Sarah Burns (District Council)
- Jo Palmer (Admiral Nurse)
- Joan Everett – Dementia Walks
- Amanda Rowberry – Carers Rep
- Paul Harrison – Corfe Mullen Parish Council

### Other Useful Information

- **POPP** (Partnership for Older People Programme) - [www.dorsetforyou.com/popp](http://www.dorsetforyou.com/popp)
- **COMCA** (Corfe Mullen Community Aid) – [www.corfemullenonline.org/node/37](http://www.corfemullenonline.org/node/37)
- **Safe Haven** – Forest Hill House – 01202 631741
- [www.lesleyshand.co.uk](http://www.lesleyshand.co.uk) (Funeral Service)
- **Corfe Mullen Library** – 01202 659755 / [corfemullenlibrary@dorsetcc.gov.uk](mailto:corfemullenlibrary@dorsetcc.gov.uk)
- **Dementia UK** - 0800 888 6678

### Welcome from Peter Jones – Chair of CMDFC

Dear friends

I am often asked what a dementia friendly community is and what you may observe in a dementia friendly community. To help with this I want to offer the following description:



***‘A city, town or village where people with dementia are understood, respected and supported, and confident they can contribute to community life. In a dementia-friendly community people will be aware of and understand dementia, and people with dementia will feel included and involved, and have choice and control over their day-to-day lives’.***

So, let us unpack this description and consider how we may be growing a dementia friendly community in Corfe Mullen.

Firstly, it's a community ***‘A city or village where people with dementia are understood, respected and supported, and confident they can contribute to community life’.***

In Corfe Mullen we seek to achieve this in several ways. Our starting point is to begin to raise awareness of Dementia through the dementia friends project. This goes some way to challenging stigma and myths surrounding dementia and help to build bridges as well as promoting inclusion.

We seek to support both those with a diagnosis of dementia as well as those who care for the family member with the diagnosis through what we call radical hospitality, groups and drop-ins.

This takes us naturally into the second part of the description.

***‘In a dementia-friendly community people will be aware of and understand dementia, and people with dementia will feel included and involved, and have choice and control over their day-to-day lives’.***

This part of the description raises some key actions for our community. Facilitating choice and autonomy whilst promoting inclusion. Often Carers report feeling isolated and lonely following the family member been diagnosed with dementia. Through our groups and drop-ins we provide doorways and connection back into the community life, thus addressing loneliness and isolation.

Go well

**Peter Jones: Pioneer Minster  
Chair: Corfe Mullen Dementia Friendly Community**

“Working in partnership with **POPP & the Parish/District Council**”

“Newsletter sponsored & printed by **Lesley Shand Funeral Service**”

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## Amanda Rowberry – Carers Rep

On recently moving to Corfe Mullen, I was thrilled to hear about the local support groups set up for Carers and their loved ones. Having been my father's carer and now carer for my husband, I know how crucial it is to have support available.

The village has a growing compassionate community committed to providing support to lonely and isolated members of the village. We have meetings and activities monthly, utilising the library, village hall and the local Parish church, St Nicholas.

The Carers Support Group meets on the morning of the second Friday, in a private room at the library, where you can have an informal chat in relaxed surroundings with refreshments. These sessions are invaluable for sharing information, tips and experiences and provide a support network for Carers. Later, in the afternoon you can meet up again for an afternoon stroll with your cared for person. Beginning at St Nicholas church you return there for a relaxing cuppa.

Again, at the library on the first Friday afternoon, the librarians provide a table set up with books, games and artefacts of yesteryear for our Reminiscence group. This helps to stimulate conversation and memories and again refreshments are provided.

Every two months a music therapist provides percussion instruments and keyboard backing to accompany well known popular songs to which you can listen or join in.

On the 4th Friday in the morning at the Village hall, there is a support and information Drop in for all members of the community and in the afternoon, there is Carpet Bowls. This is a social event for Carers and their loved ones to enjoy the chance to share and have a laugh, with the bonus of tea and cake!

Originally set up as the "Corfe Mullen Dementia Friendly Community" it has extended its welcome to all lonely and isolated people as well as the more marginalised members of the local community and is part of the charity "Growing a Compassionate Community" which had its launch at the House of Commons, earlier in the summer.

Look forward to seeing you. Best wishes  
**Amanda Rowberry - Carers Rep.**

## Lesley Shand Funeral Service

Lesley Shand are part of the Douch Family Funeral Directors. We have 8 branches across Dorset all serving our local communities.

Helping local community projects is very important to us which is why we are proud to be active committee members of the 'CMDFC'. All staff at our 8 branches have completed their training and are Dementia Friends.

We run or support local knit & natter groups, knitting for mixed causes such as PremiesUK – premature babies. Knit for Peace – a mix of items such as blankets, hats, socks, twiddle muffs. Knitted poppies for the Poppy Appeal and twiddle muffs for people living with Dementia in our local communities.

For information about other community groups we support such as local befriending lunches, knit & natter groups, please visit FB or Twitter or visit our website [www.funeraldirector.co.uk](http://www.funeraldirector.co.uk).

## Library Service

Home Library Service  
Love reading but can't get to your local library?  
Corfe Mullen library may be able to help by bringing the library to you.

We can deliver a wide range of library books directly to people at home with the Royal Voluntary Service. You can request specific books, authors and genres, all free of charge and picked by library staff.

Our free delivery service offers:  
Books, large print books and audiobooks.  
Delivered every three weeks.

**Please contact the Royal Voluntary Service for more details**

**[dorsetwiltshirehub@royalvoluntaryservice.org.uk](mailto:dorsetwiltshirehub@royalvoluntaryservice.org.uk)  
01305 236666**

## Safe Haven – Forest Hill House

Initiated to help the local community, police & public with people with dementia who are lost in the community. Offering a reassuring temporary place of safety until their loved ones are contacted.

**Number to call is 01202 631741.**

For further information visit the CMDFC website or you can pick up a flyer from Lesley Shand, Chapel in the Valley, Library, doctors surgery & other local community places.

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