



Quarterly Newsletter – March 2018

# Corfe Mullen Dementia Friendly Community

Tel: 07856 579750 / [www.corfemullendfc.uk](http://www.corfemullendfc.uk)

## Growing a Compassionate Community

### Dates for your Diary

- **Preemies UK Knit & Natter** – 1<sup>st</sup> Thurs in each month, 10am to 12noon – St Nicholas Church
- **RBL Eat & Meet** – Once a month at the Broadstone RBL Club.
- **A Drop-In at the village Hall** – 4<sup>th</sup> Fri from 10am-12noon.
- **Reminiscence Group** – 1<sup>st</sup> Fri of every month from 2pm-4pm. Corfe Mullen Library.
- **Carers Support Group** – 2<sup>nd</sup> Friday of each month. 10am-11am. Corfe Mullen Library.
- **Dementia Walks** – 2<sup>nd</sup> Friday at 2pm.
- **Carpet Bowls** – 4<sup>th</sup> Friday at 2pm-4.30pm.

### Committee members

- Peter Jones (Chair)
- Anthony Weber (Coles Miller Solicitors) – Treasurer.
- Wendy Percey (Lesley Shand Funeral Service)
- Emma Regan (FC Douch)
- Russell Saunders (POPP)
- Christine Foster (Hadleigh Practice)
- Sarah Burns (District Council)
- Jo Palmer (Admiral Nurse)
- Joan Everett – Dementia Walks
- Amanda Rowberry – Carers Rep

### Other Useful Information

- **POPP** (Partnership for Older People Programme) - [www.dorsetforyou.com/popp](http://www.dorsetforyou.com/popp)
- **COMCA** (Corfe Mullen Community Aid) – [www.corfemullenonline.org/node/37](http://www.corfemullenonline.org/node/37)
- **Safe Haven** – Forest Hill House – 01202 631741
- [www.lesleyshand.co.uk](http://www.lesleyshand.co.uk) (Funeral Service)
- **Corfe Mullen Library** – 01202 659755 / [corfemullenlibrary@dorsetcc.gov.uk](mailto:corfemullenlibrary@dorsetcc.gov.uk)
- **Dementia UK** - 0800 888 6678

### Welcome from Peter Jones – Chair of CMDFC

Dear friends

As we continue to grow a dementia friendly community in Corfe Mullen, I would like to take this opportunity to update you and reflect on the process of growing a dementia Friendly Community in Corfe Mullen.



At the core of our vision is growing a compassionate inclusive Community.

Growing compassionate communities is primarily about a community working towards inclusiveness of all diverse groups and peoples. This concept seeks to grow communities that are compassionate and that seek to include groups on the margins of the community by becoming sensitive to their needs and journey. A compassionate community may be described as a community that identifies and seeks to be inclusive through engaging and reintegrating vulnerable and marginalized groups that reside in the local community.

So how are we growing this compassionate community with your help and support? Below I will outline some key services and groups that are now or will be available to older people and their relatives with some of dementia in Corfe Mullen.

**A Drop- In at the village hall:** This happens every 4th **Friday from 10am -12noon**. It's available to all people wanting information, support and signposting or just wants to pop in for a chat. Please make use of this; people are there to offer a listening ear.

**A reminiscence group:** This runs on the **1<sup>st</sup> Friday of every month. It runs from 2pm to 4pm**. This group is open to all people or anybody with some form of dementia - it is very informal with refreshments provided at the group. It meets at Corfe Mullen library. **Carers Group** this meets on **the 2<sup>nd</sup> Friday of the month**, 10-11am. Providing an opportunity to meet with other carers informally over a cup of tea and cake.

Moreover some shops and businesses in Corfe Mullen are deciding to become dementia friendly which is another significant step on our journey. Look out for the recognition sticker on local business windows

So we have some tender shoots of hope appearing in the community of Corfe Mullen. It is this hope that is at the very core and centre of our journey to become a dementia friendly community. Hope that you can live well with dementia.

**Peter Jones: Pioneer Minster**

**Chair: Corfe Mullen Dementia Friendly Community**

“Working in partnership with **POPP & the Parish/District Council**”

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**[www.corfemullendfc.uk](http://www.corfemullendfc.uk)**

## Paul Harrison – Chairman of the Parish Council

Recalling back to my initial discussions with Peter about his vision for a compassionate community a number of years ago, he and I held similar thoughts on differing networking objectives. I was talking of how groups within our village could talk to each other about sharing resources. Peter has taken this a stage further and is using village facilities for those in need within our community, such as the library for meetings. It is wonderful to see the work he leads going from strength to strength.

Having taken part in work based dementia training myself, and having had a relative suffer with dementia, I do applaud what has been done so far within our community and the wider area by this group. Being able to assist in a small way, by setting up the groups Facebook Page, has helped spread news of what is organised locally. Also, I was delighted to be able to use some of my District Councillor Members Ward Budget last year, to finance half the set up costs of the new Wellbeing Centre at the Chapel in the Valley. Attending the centre's opening by Michael Tomlinson MP last September was, for me, a highlight for our community in 2017. Seeing such a forward thinking vision become a reality was humbling.

In my working life at the village estate agents, I've been able to advise a couple, who were looking to move to the area along with an elderly relative who suffers with dementia, about the facilities our village offers which could assist them. The look on their faces when they learnt this was heart-warming. From update conversations I've held with Peter, I'm encouraged that compassionate communities are spreading far and wide, beyond our county borders. With meeting places being established, activities being organised such as carpet bowls and now dementia walks, Corfe Mullen should serve as a great blueprint for other communities to imitate. The 14<sup>th</sup> Century proverb "Great oaks from little acorns grow" springs to mind! Regards for now – **Paul Harrison**

**Chairman of Corfe Mullen Parish Council &  
East Dorset District Councillor**

**“Working in partnership with POPP & the Parish/District Council”**

**“Newsletter sponsored & printed by Lesley Shand Funeral Service”**

## Lesley Shand Funeral Service

Lesley Shand are part of the Douch Family Funeral Directors. We have 8 branches across Dorset all serving our local communities.

Helping local community projects is very important to us which is why we are proud to be active committee members of the 'CMDFC'. All staff at our 8 branches have completed their training and are Dementia Friends.

We run or support local knit & natter groups, knitting for mixed causes such as PreemiesUK – premature babies. Knit for Peace – a mix of items such as blankets, hats, socks, twiddle muffs. Knitted poppies for the Poppy Appeal and twiddle muffs for people living with Dementia in our local communities.

If you would like to help us knit for these causes, or you know someone in Corfe Mullen living with Dementia that would benefit from owning a Twiddle Muff please do get in contact with us.

For information about other community groups we support such as local befriending lunches, knit & natter groups, please visit FB or Twitter or visit our website [www.lesleyshand.co.uk](http://www.lesleyshand.co.uk).

## POPP Wayfinder

Dorset POPP & Early Help Wayfinders:

Tel: 01202 946111



## Safe Haven – Forest Hill House

Initiated to help the local community, police & public with people with dementia who are lost in the community. Offering a reassuring temporary place of safety until their loved ones are contacted.

**Number to call is 01202 631741.**

For further information visit the CMDFC website or you can pick up a flyer from Lesley Shand, Chapel in the Valley, Library, doctors surgery & other local community places.

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